

M80

1	Palle Simonsson	43	Simrishamns AIF	6:28.6
	Ingvar Olausson	40	Björnstorps IF	DNS

M75

1	Gunnar Sterner	48	Heleneholms IF	6:35.6
2	Erwin Apitzsch	45	IFK Lund	7:53.5
3	Klas Paulsson	47	Höörs IS	9:46.8

M70

1	Tommy Arnesson	53	Simrishamns AIF	6:03.9
2	Christer Wernersson	50	FK Snapphanarna	6:29.7
3	Kenneth Rosengren	52	IK Pallas	6:59.9
4	Kerry Linell	50	Björnstorps IF	7:09.5
5	Bo-Göran Malmborg	50	Heleneholms IF	7:18.1
6	Carl Almström	51	Björnstorps IF	8:40.6

M65

1	Bengt Håkansson	58	IS Göta	6:04.9
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M60

1	Bo-Göran Nilensjö	63	IS Göta	5:05.1
2	Alf Ek	60	Björnstorps IF	5:26.5
3	Lars-Henrik Ottosson	61	Ystads IF	5:53.2
	Anders Olsson	60	IS Göta	DNS
	Anders Östman	62	IK Finish	DNS
	Bengt Pedersen	61	IK Pallas	DNS

M55

1	Peter Hansson	64	Björnstorps IF	4:54.2
2	Håkan Ekfors	68	Björnstorps IF	5:14.3
3	Jörgen Hejde	68	Genarps IF	5:23.6
4	Jan Forsberg	66	IK Pallas	5:27.0
5	Nils-Arvid Olofsson	64	Ystads IF	5:36.8
6	Jörgen Holmqvist	66	Heleneholms IF	5:56.6

M50

1	Henrik Nord	73	Ystads IF	4:21.7
2	Mattias Jonsson	70	Malmö AI	4:39.4
3	Andreas Nilsson	73	IS Göta	4:50.0
4	Max Lundberg	70	Björnstorps IF	4:53.5
5	Daniel Ohlin	73	Björnstorps IF	5:09.8
6	Cedrik Wreme	71	IK Finish	5:10.1
7	Per Neuman	72	Björnstorps IF	5:20.8
8	Tomas Nilsson	69	Björnstorps IF	5:24.8
9	Håkan Larsson	69	IFK Trelleborg	5:42.3
10	Hassan Khajch Abdolloli	72	Björnstorps IF	6:31.6

M45

1	Johan Alfvén	74	Björnstorps IF	4:19.9
2	Martin Edvardsson	75	Ystads IF	4:38.7
3	Mikael Stagling	75	IS Göta	4:40.4
4	Peter Tall	77	Björnstorps IF	5:07.7

M40

1	Karl Dannestam	80	Björnstorps IF	4:15.6
2	Mattias Larsson	83	IS Göta	4:34.2
3	Anders Nilsson	79	Ystads IF	4:36.7
4	Fredrik Krantz	80	IK Finish	4:37.5
5	David Waller	79	Ystads IF	4:37.9
6	Andreas Rehnborg	80	Hässelby SK	4:38.1
7	Per Lundqvist	79	IS Göta	4:42.4
8	Thomas Rödin Hulth	81	IS Göta	4:54.3

M35

1	Robert Höckerstrand	87	Ystads IF	4:17.8
2	Jacob Gumpert	86	Björnstorps IF	5:02.7

K65

1	Kajsa Hansson	56	FK Snapphanarna	6:22.0
2	Eva Lönnqvist	56	Ystads IF	6:41.8

3	Barbro Liljequist	54	Heleneholms IF	7:26.8
K60				
1	Lisette Åkesson	62	Björnstorps IF	7:06.7
	Maria Wester	61	IS Göta	DNS
K55				
1	Katarina Hansson	66	Björnstorps IF	6:41.2
K50				
1	Tina Reimer	69	IS Göta	5:56.2
2	Beatrice Gölin	72	IS Göta	6:16.5
K45				
1	Florentina Stojakovic	74	IFK Helsingborg	5:07.4
2	Betti Lukic	74	Ystads IF	5:16.2
3	Malin Rentner	74	Björnstorps IF	5:59.6
4	Terese Atthage	75	Ängelholms IF	6:04.5
5	Josefina Norman	77	Ystads IF	6:34.5
6	Maria Trönell	76	IS Göta	6:37.3
7	Marie Lander	74	Heleneholms IF	6:43.4
K40				
1	Sara Liljegren	81	IS Göta	4:40.0
2	Anneli Lundblom	79	Björnstorps IF	5:56.8
K35				
1	Anna Isaksson	87	Heleneholms IF	5:25.9