



# Helsingborgs Terränglopp 2019

## RESULTAT

### Finish

#### Klass: F7 2km (2012 eller senare)

| Plats | Start# | Namn:                | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag: |
|-------|--------|----------------------|-------|----------|----------|---------------|-----------------|
| 1     | 750    | ERIKSSON Hanna       | 1     | 00:09:34 | 00:00:00 | 00:09:34      | IFK Helsingborg |
| 2     | 555    | HANFLER Clara-Sophie | 1     | 00:09:36 | 00:00:02 | 00:09:36      | IFK Helsingborg |
| 3     | 752    | LARSSON Filippa      | 1     | 00:10:28 | 00:00:54 | 00:10:28      | IS Göta         |
| 4     | 756    | VESTERBERG Klara     | 1     | 00:13:29 | 00:03:55 | 00:13:29      |                 |
| 5     | 753    | MÅLBORG Molli        | 1     | 00:15:57 | 00:06:23 | 00:15:57      | IS Göta         |
| 6     | 757    | WENDRUP Maja         | 1     | 00:19:47 | 00:10:13 | 00:19:47      | IS Göta         |

#### Klass: P7 2km (2012 eller senare)

| Plats | Start# | Namn:             | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag: |
|-------|--------|-------------------|-------|----------|----------|---------------|-----------------|
| 1     | 996    | RYDINGSVÄRD Ebbe  | 1     | 00:09:01 | 00:00:00 | 00:09:01      | IS Göta         |
| 2     | 759    | BREDBERG Casper   | 1     | 00:09:15 | 00:00:14 | 00:09:15      | IFK Helsingborg |
| 3     | 761    | KJELLBERG Anton   | 1     | 00:09:26 | 00:00:25 | 00:09:26      | IS Göta         |
| 4     | 760    | DE LA MOTTE Arvid | 1     | 00:10:06 | 00:01:05 | 00:10:06      |                 |
| 5     | 758    | BERGSTRÖM David   | 1     | 00:10:11 | 00:01:10 | 00:10:11      | IS Göta         |
| 6     | 763    | RAGNAR Carl       | 1     | 00:11:04 | 00:02:03 | 00:11:04      | IS Göta         |
| 7     | 998    | SJÖLANDER Liam    | 1     | 00:11:24 | 00:02:23 | 00:11:24      |                 |
| 8     | 762    | LINDMAN Carl      | 1     | 00:11:38 | 00:02:37 | 00:11:38      | IS Göta         |

#### Klass: F9 2km (2010-2011)

| Plats | Start# | Namn:            | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag:  |
|-------|--------|------------------|-------|----------|----------|---------------|------------------|
| 1     | 766    | LARSSON Alicia   | 1     | 00:08:24 | 00:00:00 | 00:08:24      | IS Göta          |
| 2     | 768    | RANBRO Signe     | 1     | 00:08:52 | 00:00:28 | 00:08:52      | Helsingborgs SOK |
| 3     | 765    | HELGESSION Ida   | 1     | 00:09:08 | 00:00:44 | 00:09:08      | IS Göta          |
| 4     | 769    | SJÖSTRÖM Elin    | 1     | 00:11:06 | 00:02:42 | 00:11:06      | Eslövs AI        |
| 5     | 771    | YJORD Astrid     | 1     | 00:11:18 | 00:02:54 | 00:11:18      | Fine Fitness     |
| 6     | 770    | WOODWORTH Maiken | 1     | 00:11:39 | 00:03:15 | 00:11:39      | IS Göta          |

#### Klass: P9 2km (2010-2011)

| Plats | Start# | Namn:                 | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag:   |
|-------|--------|-----------------------|-------|----------|----------|---------------|-------------------|
| 1     | 997    | GRAHN Willon          | 1     | 00:08:03 | 00:00:00 | 00:08:03      | Höganäs Friidrott |
| 2     | 781    | RANBRO Oskar          | 1     | 00:08:18 | 00:00:15 | 00:08:18      | Helsingborgs SOK  |
| 3     | 776    | HALLSTEN Fabian       | 1     | 00:08:43 | 00:00:40 | 00:08:43      | Genarps IF        |
| 4     | 772    | APLANDER Carl Fredrik | 1     | 00:08:47 | 00:00:44 | 00:08:47      | IS Göta           |
| 5     | 993    | RYDINGSVÄRD Olle      | 1     | 00:09:01 | 00:00:58 | 00:09:01      | IS Göta           |
| 6     | 778    | HOFFERT Sigge         | 1     | 00:09:12 | 00:01:09 | 00:09:12      | IFK Helsingborg   |
| 7     | 225    | JANSSON Hugo          | 1     | 00:09:18 | 00:01:15 | 00:09:18      |                   |
| 8     | 777    | HELGESSION Hugo       | 1     | 00:10:21 | 00:02:18 | 00:10:21      | IS Göta           |

|    |     |                    |   |          |          |          |                 |
|----|-----|--------------------|---|----------|----------|----------|-----------------|
| 9  | 123 | LINDBERG Darian    | 1 | 00:10:31 | 00:02:28 | 00:10:31 | LiMa Output     |
| 10 | 780 | NILSSON William    | 1 | 00:11:10 | 00:03:07 | 00:11:10 | IS Göta         |
| 11 | 782 | STJERNKVIST Ludvig | 1 | 00:11:21 | 00:03:18 | 00:11:21 | IS Göta         |
| 12 | 779 | JOHANSSON Angus    | 1 | 00:12:47 | 00:04:44 | 00:12:47 | IFK Helsingborg |
| 13 | 774 | EKELÖF Ludvig      | 1 | 00:12:52 | 00:04:49 | 00:12:52 | IFK Helsingborg |
| 14 | 775 | FUNDBERG Elias     | 1 | 00:12:53 | 00:04:50 | 00:12:53 | IFK Helsingborg |
| 15 | 783 | STRAND Leo         | 1 | 00:13:10 | 00:05:07 | 00:13:10 | IS Göta         |

### Klass: F11 2km (2008-2009)

| Plats | Start# | Namn:              | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag:      |
|-------|--------|--------------------|-------|----------|----------|---------------|----------------------|
| 1     | 791    | SJÖSTRÖM Moa       | 1     | 00:08:08 | 00:00:00 | 00:08:08      | Eslövs A!            |
| 2     | 786    | FLENSBURG Lisa     | 1     | 00:09:06 | 00:00:58 | 00:09:06      | Björnstorps IF       |
| 3     | 790    | OLOFSSON Vera      | 1     | 00:09:46 | 00:01:38 | 00:09:46      | Glumslövs vänsterfot |
| 4     | 787    | NILSSON JANSEN Moa | 1     | 00:10:01 | 00:01:53 | 00:10:01      | IS Göta              |
| 5     | 784    | BLÜCHER Nellie     | 1     | 00:10:51 | 00:02:43 | 00:10:51      | IS Göta              |
| 6     | 792    | YJORD Agnes        | 1     | 00:11:04 | 00:02:56 | 00:11:04      | Fine Fitness         |
| 7     | 999    | SJÖLANDER Smilla   | 1     | 00:11:05 | 00:02:57 | 00:11:05      | IS Göta              |
| 8     | 789    | NOVIN Nicole       | 1     | 00:11:41 | 00:03:33 | 00:11:41      | IS Göta              |
| 9     | 788    | NORDSTRÖM Sara     | 1     | 00:11:41 | 00:03:33 | 00:11:41      | IS Göta              |
| 10    | 551    | SLLAMINKU Lilly    | 1     | 00:13:28 | 00:05:20 | 00:13:28      | Fine Fitness         |

### Klass: P11 2km (2008-2009)

| Plats | Start# | Namn:                    | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag: |
|-------|--------|--------------------------|-------|----------|----------|---------------|-----------------|
| 1     | 795    | HOFVENDAHL David         | 1     | 00:07:13 | 00:00:00 | 00:07:13      | IS Göta         |
| 2     | 796    | JOHANSSON Melker         | 1     | 00:07:16 | 00:00:03 | 00:07:16      | Simrishamns AIF |
| 3     | 219    | CARLSSON RUBE Frank      | 1     | 00:07:33 | 00:00:20 | 00:07:33      | IS Göta         |
| 4     | 801    | SCHÜTTERT Karl Christian | 1     | 00:07:33 | 00:00:20 | 00:07:33      | IFK Lund        |
| 5     | 794    | HANFLER Laurentin        | 1     | 00:07:46 | 00:00:33 | 00:07:46      | IFK Helsingborg |
| 6     | 800    | SAMUELSSON Anton         | 1     | 00:07:51 | 00:00:38 | 00:07:51      | IF Kronan       |
| 7     | 803    | ÅBJÖRNSSON Gabriel       | 1     | 00:08:21 | 00:01:08 | 00:08:21      | IS Göta         |
| 8     | 802    | VESTERBERG Isac          | 1     | 00:08:32 | 00:01:19 | 00:08:32      |                 |
| 9     | 799    | ORRLING Cesar            | 1     | 00:08:33 | 00:01:20 | 00:08:33      | IS Göta         |
| 10    | 276    | LUND Erik                | 1     | 00:08:44 | 00:01:31 | 00:08:44      | IFK Helsingborg |
| 11    | 793    | ALBIN Gustav             | 1     | 00:08:53 | 00:01:40 | 00:08:53      | IS Göta         |
| 12    | 798    | NILSSON Alexander        | 1     | 00:12:10 | 00:04:57 | 00:12:10      | IS Göta         |
| 13    | 797    | JÖRGENSEN Carl           | 1     | 00:12:13 | 00:05:00 | 00:12:13      | Genarps IF      |

### Klass: F13 2km (2006-2007)

| Plats | Start# | Namn:            | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag: |
|-------|--------|------------------|-------|----------|----------|---------------|-----------------|
| 1     | 805    | BJERSTRÖM Freja  | 1     | 00:07:20 | 00:00:00 | 00:07:20      | Björnstorps IF  |
| 2     | 810    | NILÉN Elise      | 1     | 00:07:56 | 00:00:36 | 00:07:56      | IS Göta         |
| 3     | 811    | SCHÜTTERT Sophia | 1     | 00:08:25 | 00:01:05 | 00:08:25      | IFK Lund        |
| 4     | 808    | MALMROS Lisa     | 1     | 00:08:28 | 00:01:08 | 00:08:28      | IS Göta         |
| 5     | 807    | JÖRGENSEN Anna   | 1     | 00:09:09 | 00:01:49 | 00:09:09      | Genarps IF      |
| 6     | 809    | NILÉN Alma       | 1     | 00:09:14 | 00:01:54 | 00:09:14      | IS Göta         |
| 7     | 806    | HALILOVIC Naila  | 1     | 00:12:49 | 00:05:29 | 00:12:49      |                 |

### Klass: P13 2km (2006-2007)

| Plats | Start# | Namn:          | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag: |
|-------|--------|----------------|-------|----------|----------|---------------|-----------------|
| 1     | 815    | SJÖSTRÖM Albin | 1     | 00:07:04 | 00:00:00 | 00:07:04      | Eslövs A!       |

|   |     |                  |   |          |          |          |                 |
|---|-----|------------------|---|----------|----------|----------|-----------------|
| 2 | 812 | HALLSTEN Olle    | 1 | 00:07:19 | 00:00:15 | 00:07:19 | Genarps IF      |
| 3 | 814 | LINDBERG Babak   | 1 | 00:07:23 | 00:00:19 | 00:07:23 | Genarps IF      |
| 4 | 813 | HANFLER Gabriel  | 1 | 00:07:39 | 00:00:35 | 00:07:39 | IFK Helsingborg |
| 5 | 817 | ÅKERBLOM Mikael  | 1 | 00:07:40 | 00:00:36 | 00:07:40 | IFK Helsingborg |
| 6 | 816 | WOHLQUIST Elliot | 1 | 00:08:22 | 00:01:18 | 00:08:22 | IS Göta         |

### Klass: F15 4km (2004-2005)

| Plats | Start# | Namn:                | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag: |
|-------|--------|----------------------|-------|----------|----------|---------------|-----------------|
| 1     | 820    | HOFVENDAHL Johanna   | 1     | 00:13:50 | 00:00:00 | 00:13:50      | IS Göta         |
| 2     | 823    | NILSSON Lova         | 1     | 00:16:02 | 00:02:12 | 00:16:02      | IS Göta         |
| 3     | 818    | ALTARAC Liv          | 1     | 00:17:38 | 00:03:48 | 00:17:38      | MAI             |
| 4     | 819    | HANFLER Selma-Helène | 1     | 00:19:22 | 00:05:32 | 00:19:22      | IS Göta         |
| 5     | 821    | HUGOSSON Annie       | 1     | 00:19:34 | 00:05:44 | 00:19:34      | IS Göta         |
| 6     | 822    | LARSSON Alicia       | 1     | 00:21:04 | 00:07:14 | 00:21:04      | IS Göta         |
| 7     | 992    | NYBERG Aurora        | 1     | 00:25:29 | 00:11:39 | 00:25:29      |                 |

### Klass: P15 4km (2004-2005)

| Plats | Start# | Namn:             | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag:   |
|-------|--------|-------------------|-------|----------|----------|---------------|-------------------|
| 1     | 827    | MALMROS Filip     | 1     | 00:13:52 | 00:00:00 | 00:13:52      | IS Göta           |
| 2     | 825    | ASKER Marcus      | 1     | 00:14:33 | 00:00:41 | 00:14:33      | MAI               |
| 3     | 141    | SANDER PETRI Bere | 1     | 00:15:21 | 00:01:29 | 00:15:21      | Genarps IF        |
| 4     | 149    | LINDBERG Petter   | 1     | 00:16:18 | 00:02:26 | 00:16:18      | Höganäs Friidrott |
| 5     | 826    | KRYVYTSKYI Artem  | 1     | 00:17:19 | 00:03:27 | 00:17:19      |                   |
| 6     | 155    | SKÅRMAN Algot     | 1     | 00:17:40 | 00:03:48 | 00:17:40      | Höganäs Friidrott |
| 7     | 828    | MALMROS Frans     | 1     | 00:17:59 | 00:04:07 | 00:17:59      | IS Göta           |
| 8     | 829    | NILSSON Hugo      | 1     | 00:19:05 | 00:05:13 | 00:19:05      | IS Göta           |

### Klass: P17 4km (2002-2003)

| Plats | Start# | Namn:              | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag: |
|-------|--------|--------------------|-------|----------|----------|---------------|-----------------|
| 1     | 832    | DAHLQVIST Jonathan | 1     | 00:15:33 | 00:00:00 | 00:15:33      | IS Göta         |
| 2     | 831    | CARLSSON Filip     | 1     | 00:15:39 | 00:00:06 | 00:15:39      | IS Göta         |
| 3     | 252    | JOHANSSON Måns     | 1     | 00:18:43 | 00:03:10 | 00:18:43      | Impius          |

### Klass: P19 4km (2000-2001)

| Plats | Start# | Namn:          | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag: |
|-------|--------|----------------|-------|----------|----------|---------------|-----------------|
| 1     | 835    | LINDBERG Anton | 1     | 00:13:05 | 00:00:00 | 00:13:05      | IS Göta         |

### Klass: MS 4km (-1985)

| Plats | Start# | Namn:        | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag: |
|-------|--------|--------------|-------|----------|----------|---------------|-----------------|
| 1     | 836    | PÅLSSON Emil | 1     | 00:15:23 | 00:00:00 | 00:15:23      | IS Göta         |

### Klass: KS 8km (-1985)

| Plats | Start# | Namn:         | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag: |
|-------|--------|---------------|-------|----------|----------|---------------|-----------------|
| 1     | 839    | WESTER Maria  | 2     | 00:37:57 | 00:00:00 | 00:18:37      | Heleneholm if   |
| 2     | 838    | OLSSON Emilie | 2     | 00:39:48 | 00:01:51 | 00:19:39      | IS Göta         |
| 3     | 837    | KOVAC Sonja   | 2     | 00:40:55 | 00:02:58 | 00:19:45      | IS Göta         |

### Klass: MS 8km (-1985)

| Plats | Start# | Namn: | Varv: | Tid: | Diff: | Bästa varvtid | Förening / Lag: |
|-------|--------|-------|-------|------|-------|---------------|-----------------|
|-------|--------|-------|-------|------|-------|---------------|-----------------|

|   |     |                     |   |          |          |          |               |
|---|-----|---------------------|---|----------|----------|----------|---------------|
| 1 | 841 | RUSSOM Samuel       | 2 | 00:24:23 | 00:00:00 | 00:12:04 | IS Göta       |
| 2 | 990 | BRANDT Lucas        | 2 | 00:27:29 | 00:03:06 | 00:13:43 | IS Göta       |
| 3 | 844 | WALFRIDSSON Marinel | 2 | 00:29:07 | 00:04:44 | 00:14:06 | IS Göta       |
| 4 | 842 | RUUD Emil           | 2 | 00:30:22 | 00:05:59 | 00:14:37 | Helsingør SOK |
| 5 | 572 | FRICK Amadeus       | 2 | 00:32:04 | 00:07:41 | 00:15:53 |               |
| 6 | 554 | TRYGGMO Pontus      | 2 | 00:36:28 | 00:12:05 | 00:17:56 |               |
| 7 | 840 | ANDERSSON Sebastian | 2 | 00:40:40 | 00:16:17 | 00:19:50 | IS Göta       |

### Klass: K35 4km (1980-1984)

| Plats | Start# | Namn:         | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag: |
|-------|--------|---------------|-------|----------|----------|---------------|-----------------|
| 1     | 552    | YJORD Josefin | 1     | 00:21:26 | 00:00:00 | 00:21:26      | Fine Fitness    |

### Klass: M35 8km (1980-1984)

| Plats | Start# | Namn:              | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag: |
|-------|--------|--------------------|-------|----------|----------|---------------|-----------------|
| 1     | 274    | DE LA MOTTE Patrik | 2     | 00:30:55 | 00:00:00 | 00:15:14      | IS Göta         |
| 2     | 562    | HOLGER ÖMAN Niclas | 2     | 00:38:26 | 00:07:31 | 00:18:45      | IS Göta         |
| 3     | 847    | SVENSSON Fredrik   | 2     | 00:46:19 | 00:15:24 | 00:21:40      |                 |

### Klass: K40 4km (1975-1979)

| Plats | Start# | Namn:            | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag: |
|-------|--------|------------------|-------|----------|----------|---------------|-----------------|
| 1     | 851    | MALMROS Anna     | 1     | 00:17:15 | 00:00:00 | 00:17:15      | IS Göta         |
| 2     | 850    | JÖRGENSEN Lidija | 1     | 00:18:14 | 00:00:59 | 00:18:14      | Genarps IF      |
| 3     | 849    | ELGAARD Linda    | 1     | 00:22:37 | 00:05:22 | 00:22:37      |                 |

### Klass: M40 8km (1975-1979)

| Plats | Start# | Namn:             | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag: |
|-------|--------|-------------------|-------|----------|----------|---------------|-----------------|
| 1     | 571    | FLADE Matthias    | 2     | 00:27:54 | 00:00:00 | 00:13:46      | DJK LC Vorra    |
| 2     | 857    | TALL Peter        | 2     | 00:30:31 | 00:02:37 | 00:14:59      | Björnstorps IF  |
| 3     | 856    | SVAHN Pierre      | 2     | 00:31:30 | 00:03:36 | 00:15:33      | Genarps IF      |
| 4     | 860    | YJORD Niklas      | 2     | 00:32:00 | 00:04:06 | 00:15:56      | Fine Fitness    |
| 5     | 855    | SAMUELSSON Johan  | 2     | 00:34:04 | 00:06:10 | 00:16:40      | Expendables     |
| 6     | 854    | LUNDGREN Jonathan | 2     | 00:35:28 | 00:07:34 | 00:16:51      | IS Göta         |
| 7     | 995    | SAVBRING Anders   | 2     | 00:35:39 | 00:07:45 | 00:17:21      |                 |
| 8     | 859    | WENDRUP Tobias    | 2     | 00:37:16 | 00:09:22 | 00:18:31      | IS Göta         |
| 9     | 553    | NÄS Mats          | 2     | 00:37:33 | 00:09:39 | 00:18:35      | Team Näsblod    |
| 10    | 853    | FJELLEN Mikael    | 2     | 00:40:11 | 00:12:17 | 00:19:47      | IFK Helsingborg |

### Klass: K45 4km (1970-1974)

| Plats | Start# | Namn:                 | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag: |
|-------|--------|-----------------------|-------|----------|----------|---------------|-----------------|
| 1     | 861    | CHRISTENSEN Rikke     | 1     | 00:19:31 | 00:00:00 | 00:19:31      | Helsingør SOK   |
| 2     | 862    | CHRISTENSSON Beatrice | 1     | 00:20:26 | 00:00:55 | 00:20:26      | Heleneholms IF  |
| 3     | 863    | LARSSON Kristina      | 1     | 00:22:26 | 00:02:55 | 00:22:26      | Heleneholms IF  |

### Klass: M45 8km (1970-1974)

| Plats | Start# | Namn:             | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag:      |
|-------|--------|-------------------|-------|----------|----------|---------------|----------------------|
| 1     | 866    | NILSSON Mats      | 2     | 00:35:15 | 00:00:00 | 00:17:30      | Heleneholms IF       |
| 2     | 864    | MALMROS Christian | 2     | 00:37:32 | 00:02:17 | 00:18:40      | IS Göta              |
| 3     | 867    | OLOFSSON Ola      | 2     | 00:38:01 | 00:02:46 | 00:18:26      | Glumslövs vänsterfot |

**Klass: K50 4km (1965-1969)**

| Plats | Start# | Namn:        | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag: |
|-------|--------|--------------|-------|----------|----------|---------------|-----------------|
| 1     | 557    | JOHNSON Sara | 1     | 00:17:20 | 00:00:00 | 00:17:20      | IFK Helsingborg |
| 2     | 868    | MÖLLER Marie | 1     | 00:20:45 | 00:03:25 | 00:20:45      | IK Pallas       |

**Klass: M50 8km (1965-1969)**

| Plats | Start# | Namn:            | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag: |
|-------|--------|------------------|-------|----------|----------|---------------|-----------------|
| 1     | 878    | PETERSEN Henrik  | 2     | 00:29:52 | 00:00:00 | 00:14:45      | Helsingør SOK   |
| 2     | 957    | ENGHOLM Fredrik  | 2     | 00:32:11 | 00:02:19 | 00:16:04      | IS Göta         |
| 3     | 875    | LINDBERG Patrick | 2     | 00:32:38 | 00:02:46 | 00:16:06      | IS Göta         |
| 4     | 869    | CARLSSON Mattias | 2     | 00:32:50 | 00:02:58 | 00:16:12      | IS Göta         |
| 5     | 871    | EKFORS Håkan     | 2     | 00:32:57 | 00:03:05 | 00:16:21      | Björnstorps IF  |
| 6     | 873    | HULTÉN Martin    | 2     | 00:33:45 | 00:03:53 | 00:16:41      | Helsingør SOK   |
| 7     | 876    | NILSON Thomas    | 2     | 00:34:53 | 00:05:01 | 00:17:23      | IS Göta         |
| 8     | 872    | GRÖNQVIST Leif   | 2     | 00:35:35 | 00:05:43 | 00:17:46      | IS Göta         |
| 9     | 576    | ANDERSSON Mikael | 2     | 00:36:05 | 00:06:13 | 00:17:40      | GF Idrott       |
| 10    | 874    | ITZIGEHL Tobias  | 2     | 00:36:10 | 00:06:18 | 00:17:37      | IFK Helsingborg |
| 11    | 880    | SKANS Lars-Erik  | 2     | 00:37:29 | 00:07:37 | 00:18:39      | Heleneholms IF  |
| 12    | 870    | DURKIC Goran     | 2     | 00:42:58 | 00:13:06 | 00:20:46      |                 |
| 13    | 881    | TITIKIC Dragan   | 2     | 00:45:20 | 00:15:28 | 00:21:27      |                 |
| 14    | 879    | SGHERRI Emanuele | 2     | 00:52:00 | 00:22:08 | 00:24:44      |                 |

**Klass: K55 4km (1960-1964)**

| Plats | Start# | Namn:          | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag: |
|-------|--------|----------------|-------|----------|----------|---------------|-----------------|
| 1     | 550    | RYBÄCK Annika  | 1     | 00:17:11 | 00:00:00 | 00:17:11      | Björnstorps IF  |
| 2     | 883    | LINDSKOG Lotta | 1     | 00:21:34 | 00:04:23 | 00:21:34      | GF Idrott       |

**Klass: M55 8km (1960-1964)**

| Plats | Start# | Namn:            | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag:          |
|-------|--------|------------------|-------|----------|----------|---------------|--------------------------|
| 1     | 886    | NILENSJÖ BG      | 2     | 00:30:03 | 00:00:00 | 00:14:56      | IS Göta                  |
| 2     | 888    | OLSSON Anders    | 2     | 00:32:06 | 00:02:03 | 00:15:54      | IFK Trelleborg Friidrott |
| 3     | 889    | PEDERSEN Bengt   | 2     | 00:35:01 | 00:04:58 | 00:17:30      | IK Pallas                |
| 4     | 577    | PERSSON Göran    | 2     | 00:37:09 | 00:07:06 | 00:18:12      | IS Göta                  |
| 5     | 885    | ENGDAHL Lars-Åke | 2     | 00:38:10 | 00:08:07 | 00:18:51      | GF Idrott                |

**Klass: K60 4km (1955-1959)**

| Plats | Start# | Namn:         | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag: |
|-------|--------|---------------|-------|----------|----------|---------------|-----------------|
| 1     | 890    | HANSSON Kajsa | 1     | 00:18:54 | 00:00:00 | 00:18:54      | FK Snapphanarna |

**Klass: M60 4km (1955-1959)**

| Plats | Start# | Namn:         | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag: |
|-------|--------|---------------|-------|----------|----------|---------------|-----------------|
| 1     | 558    | KOPFINGER Jan | 1     | 00:19:06 | 00:00:00 | 00:19:06      | IS Göta         |

**Klass: K65 4km (1950-1954)**

| Plats | Start# | Namn:               | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag:   |
|-------|--------|---------------------|-------|----------|----------|---------------|-------------------|
| 1     | 892    | FAGERTUN Britt-Mari | 1     | 00:22:26 | 00:00:00 | 00:22:26      | Höganäs Friidrott |

**Klass: M65 4km (1950-1954)**

| Plats | Start# | Namn:               | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag: |
|-------|--------|---------------------|-------|----------|----------|---------------|-----------------|
| 1     | 893    | ANDERSSON Bo        | 1     | 00:17:54 | 00:00:00 | 00:17:54      | Genarps IF      |
| 2     | 895    | VERNERSSON Christer | 1     | 00:18:06 | 00:00:12 | 00:18:06      | FK Snapphanarna |
| 3     | 894    | ROSENGREN Kenneth   | 1     | 00:18:14 | 00:00:20 | 00:18:14      | Lk Myran        |

**Klass: K75 4km (1940-1944)**

| Plats | Start# | Namn:            | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag: |
|-------|--------|------------------|-------|----------|----------|---------------|-----------------|
| 1     | 896    | LIND Britt-Marie | 1     | 00:25:01 | 00:00:00 | 00:25:01      | GF Idrott       |

**Klass: M75 4km (1940-1944)**

| Plats | Start# | Namn:          | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag: |
|-------|--------|----------------|-------|----------|----------|---------------|-----------------|
| 1     | 898    | VIDEFORS Björn | 1     | 00:27:53 | 00:00:00 | 00:27:53      | GF Idrott       |

**Klass: Kvinnor Motion 4km**

| Plats | Start# | Namn:                  | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag: |
|-------|--------|------------------------|-------|----------|----------|---------------|-----------------|
| 1     | 909    | LUNDGREN Sandra        | 1     | 00:18:19 | 00:00:00 | 00:18:19      |                 |
| 2     | 908    | LONQVIST Sanna         | 1     | 00:19:50 | 00:01:31 | 00:19:50      |                 |
| 3     | 906    | HAVLIKOVA Petra        | 1     | 00:20:16 | 00:01:57 | 00:20:16      | Lund            |
| 4     | 549    | ERICSSON Ann-Charlotte | 1     | 00:21:51 | 00:03:32 | 00:21:51      |                 |
| 5     | 913    | SCHÜTTERT Eva Maria    | 1     | 00:22:07 | 00:03:48 | 00:22:07      | IFK Lund        |
| 6     | 912    | SCHMIDT Lisbeth        | 1     | 00:22:49 | 00:04:30 | 00:22:49      | Söderåsen FK    |
| 7     | 271    | QUICK Carina           | 1     | 00:22:50 | 00:04:31 | 00:22:50      | Friskis&Svettis |
| 8     | 900    | ALM Jenny              | 1     | 00:23:33 | 00:05:14 | 00:23:33      |                 |
| 9     | 994    | ARVIDSSON Åsa          | 1     | 00:23:40 | 00:05:21 | 00:23:40      |                 |
| 10    | 905    | HANNRUP Loredana       | 1     | 00:24:51 | 00:06:32 | 00:24:51      |                 |
| 11    | 296    | WENDIN Karin           | 1     | 00:24:56 | 00:06:37 | 00:24:56      |                 |
| 12    | 267    | ÅBERG Emma             | 1     | 00:25:18 | 00:06:59 | 00:25:18      | Impius          |
| 13    | 901    | BENGTSSON Isabella     | 1     | 00:25:31 | 00:07:12 | 00:25:31      |                 |
| 14    | 904    | GROVES Anette          | 1     | 00:26:17 | 00:07:58 | 00:26:17      |                 |
| 15    | 556    | PERSSON Therese        | 1     | 00:28:55 | 00:10:36 | 00:28:55      |                 |
| 16    | 907    | KARLIN Ingrid          | 1     | 00:30:53 | 00:12:34 | 00:30:53      | FK Puls Växjö   |

**Klass: Män Motion 4km**

| Plats | Start# | Namn:               | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag:   |
|-------|--------|---------------------|-------|----------|----------|---------------|-------------------|
| 1     | 916    | ASPLUND Christoffer | 1     | 00:13:15 | 00:00:00 | 00:13:15      |                   |
| 2     | 200    | SKÅRMAN Björn       | 1     | 00:15:58 | 00:02:43 | 00:15:58      | Höganäs Innebandy |
| 3     | 923    | WIKLUND Daniel      | 1     | 00:16:30 | 00:03:15 | 00:16:30      |                   |
| 4     | 238    | EKSTRÖM Malcolm     | 1     | 00:16:57 | 00:03:42 | 00:16:57      | Impius            |
| 5     | 918    | HERMANSSON Albin    | 1     | 00:18:33 | 00:05:18 | 00:18:33      | Lund              |
| 6     | 164    | LINDBERG Fredrik    | 1     | 00:18:36 | 00:05:21 | 00:18:36      | Höganäs Innebandy |
| 7     | 924    | WINNAT Dirk         | 1     | 00:19:14 | 00:05:59 | 00:19:14      | Björnstorps IF    |
| 8     | 272    | SCHMIDT Sten        | 1     | 00:19:36 | 00:06:21 | 00:19:36      | Söderåsen FK      |
| 9     | 919    | JENSEN Niclas       | 1     | 00:20:30 | 00:07:15 | 00:20:30      |                   |
| 10    | 282    | CARLSSON Örjan      | 1     | 00:21:44 | 00:08:29 | 00:21:44      |                   |
| 11    | 921    | SÄFSTRAND Elliot    | 1     | 00:22:25 | 00:09:10 | 00:22:25      |                   |
| 12    | 922    | SÄFSTRAND Peter     | 1     | 00:22:27 | 00:09:12 | 00:22:27      |                   |
| 13    | 925    | ÅKESSON Anders      | 1     | 00:23:23 | 00:10:08 | 00:23:23      |                   |
| 14    | 915    | ALM Carl            | 1     | 00:23:33 | 00:10:18 | 00:23:33      | IS Göta           |

|    |     |                   |   |          |          |          |                  |
|----|-----|-------------------|---|----------|----------|----------|------------------|
| 15 | 242 | JOHANSSON Mattias | 1 | 00:23:52 | 00:10:37 | 00:23:52 | Impius           |
| 16 | 268 | PAVLOVIC Felix    | 1 | 00:25:15 | 00:12:00 | 00:25:15 | Impius           |
| 17 | 206 | RENNER Jesper     | 1 | 00:25:29 | 00:12:14 | 00:25:29 | Impius           |
| 18 | 234 | TOTEVSKI Kim      | 1 | 00:25:49 | 00:12:34 | 00:25:49 | Impius           |
| 19 | 920 | NILSSON Mattias   | 1 | 00:25:52 | 00:12:37 | 00:25:52 | Lonesome Runners |

### Klass: Kvinnor Motion 8km

| Plats | Start# | Namn:                | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag:      |
|-------|--------|----------------------|-------|----------|----------|---------------|----------------------|
| 1     | 926    | AHNFELT Elin         | 2     | 00:35:39 | 00:00:00 | 00:17:26      | Bjärred Tigers       |
| 2     | 991    | RYDBERG Johanna      | 2     | 00:37:15 | 00:01:36 | 00:18:25      |                      |
| 3     | 948    | STAM Maria           | 2     | 00:38:49 | 00:03:10 | 00:19:22      |                      |
| 4     | 930    | FAGER Alma           | 2     | 00:40:41 | 00:05:02 | 00:20:07      |                      |
| 5     | 937    | HOCKUM Maria         | 2     | 00:40:58 | 00:05:19 | 00:20:11      |                      |
| 6     | 565    | WIMMERSTEDT Maria    | 2     | 00:40:59 | 00:05:20 | 00:19:49      | Toughest Team Lands  |
| 7     | 949    | VESTERBERG Katarina  | 2     | 00:41:12 | 00:05:33 | 00:20:23      |                      |
| 8     | 944    | OLOFSSON Johanna     | 2     | 00:41:44 | 00:06:05 | 00:20:47      | Glumslövs vänsterfot |
| 9     | 935    | HELGESSON Malin      | 2     | 00:42:10 | 00:06:31 | 00:20:40      |                      |
| 10    | 566    | RYDENGÅRD Victoria   | 2     | 00:42:44 | 00:07:05 | 00:21:05      | Toughest Team Lands  |
| 11    | 942    | MEYER Louise         | 2     | 00:43:51 | 00:08:12 | 00:21:20      | Triingpenguin        |
| 12    | 567    | JÖNSSON AnnCathrine  | 2     | 00:46:14 | 00:10:35 | 00:22:53      |                      |
| 13    | 939    | KARLIN Annelie       | 2     | 00:46:42 | 00:11:03 | 00:22:42      |                      |
| 14    | 560    | KANGE Anna-Lena      | 2     | 00:47:52 | 00:12:13 | 00:23:11      |                      |
| 15    | 932    | FREDRIKSSON Victoria | 2     | 00:48:46 | 00:13:07 | 00:22:51      |                      |
| 16    | 947    | SCHWARZER Kira       | 2     | 00:50:58 | 00:15:19 | 00:23:58      |                      |
| 17    | 928    | BORG Sofia           | 2     | 00:51:29 | 00:15:50 | 00:20:39      | Ängelholm            |
| 18    | 934    | GULLBRANTZ Ulrika    | 2     | 00:52:50 | 00:17:11 | 00:23:42      | Ängelholms IF        |
| 19    | 943    | NYBERG Jennie        | 2     | 00:53:06 | 00:17:27 | 00:24:50      |                      |
| 20    | 927    | ANDERSSON Marika     | 2     | 00:56:17 | 00:20:38 | 00:26:17      |                      |
| 21    | 941    | KERVALL Jennie       | 1     | 00:35:09 | -1       | 00:35:09      |                      |

### Klass: Män Motion 8km

| Plats | Start# | Namn:            | Varv: | Tid:     | Diff:    | Bästa varvtid | Förening / Lag:     |
|-------|--------|------------------|-------|----------|----------|---------------|---------------------|
| 1     | 989    | ÅBERG Mikael     | 2     | 00:31:57 | 00:00:00 | 00:15:55      | Äspenäs             |
| 2     | 956    | EKWURTZEL Robin  | 2     | 00:33:16 | 00:01:19 | 00:16:01      |                     |
| 3     | 120    | FRICK Jens       | 2     | 00:34:43 | 00:02:46 | 00:16:31      |                     |
| 4     | 564    | OLSSON Andreas   | 2     | 00:34:45 | 00:02:48 | 00:17:02      | Toughest Team Lands |
| 5     | 959    | FRIDOLF Martin   | 2     | 00:34:54 | 00:02:57 | 00:17:23      |                     |
| 6     | 972    | NÄS Niklas       | 2     | 00:36:12 | 00:04:15 | 00:17:39      | Näsbold             |
| 7     | 987    | TRYGGMO Magnus   | 2     | 00:36:22 | 00:04:25 | 00:18:06      |                     |
| 8     | 986    | TRYGGMO Fredrik  | 2     | 00:36:29 | 00:04:32 | 00:17:57      |                     |
| 9     | 574    | LUND Daniel      | 2     | 00:36:33 | 00:04:36 | 00:18:16      |                     |
| 10    | 573    | DOMINI Christian | 2     | 00:36:54 | 00:04:57 | 00:18:18      |                     |
| 11    | 982    | SKÖLD Fredrik    | 2     | 00:36:59 | 00:05:02 | 00:18:19      | Klippan             |
| 12    | 569    | WIDBORG Victor   | 2     | 00:37:19 | 00:05:22 | 00:18:17      |                     |
| 13    | 967    | NILSSON Felix    | 2     | 00:37:22 | 00:05:25 | 00:17:48      | IS Göta             |
| 14    | 969    | NILSSON Peter    | 2     | 00:37:25 | 00:05:28 | 00:17:48      | IS Göta             |
| 15    | 563    | SVENSSON André   | 2     | 00:37:34 | 00:05:37 | 00:18:34      | Toughest Team Lands |
| 16    | 561    | ANDERSSON Niclas | 2     | 00:38:04 | 00:06:07 | 00:18:54      |                     |
| 17    | 953    | ATTERLING Peter  | 2     | 00:38:14 | 00:06:17 | 00:18:41      |                     |
| 18    | 975    | PERSSON Anders   | 2     | 00:38:25 | 00:06:28 | 00:18:55      |                     |
| 19    | 559    | KANGE Jonas      | 2     | 00:39:07 | 00:07:10 | 00:18:42      |                     |

|    |     |                            |   |          |          |          |                        |
|----|-----|----------------------------|---|----------|----------|----------|------------------------|
| 20 | 965 | KARLIN Peter               | 2 | 00:39:20 | 00:07:23 | 00:19:33 | IFK Helsingborg Skidor |
| 21 | 962 | HANSSON Jonny              | 2 | 00:39:25 | 00:07:28 | 00:19:06 | HJK-92                 |
| 22 | 843 | SERNERT Daniel             | 2 | 00:40:17 | 00:08:20 | 00:19:14 | Ängelholm              |
| 23 | 978 | REUTER Oliver              | 2 | 00:41:24 | 00:09:27 | 00:20:30 | Landskrona Bois        |
| 24 | 954 | BERGENHEIM Ulf             | 2 | 00:41:51 | 00:09:54 | 00:20:10 |                        |
| 25 | 570 | WIDBORG Anders             | 2 | 00:42:05 | 00:10:08 | 00:20:30 |                        |
| 26 | 983 | SKÖLF Jimi                 | 2 | 00:42:21 | 00:10:24 | 00:20:54 | IS Göta                |
| 27 | 984 | SUNDQVIST Johan            | 2 | 00:42:52 | 00:10:55 | 00:21:01 |                        |
| 28 | 568 | SJÖSTEDT Magnus            | 2 | 00:44:38 | 00:12:41 | 00:21:43 |                        |
| 29 | 970 | NORDBORG Per               | 2 | 00:45:11 | 00:13:14 | 00:21:40 |                        |
| 30 | 917 | AXELSSON Magnus            | 2 | 00:45:13 | 00:13:16 | 00:21:50 |                        |
| 31 | 964 | JÖNSSON Lennart            | 2 | 00:45:57 | 00:14:00 | 00:22:38 | Runners Club           |
| 32 | 961 | HANDZIC Amneriz            | 2 | 00:47:00 | 00:15:03 | 00:23:16 | Sweden Runners         |
| 33 | 963 | HOCKUM Kim                 | 2 | 00:47:13 | 00:15:16 | 00:22:33 |                        |
| 34 | 977 | PITCHAI PANDY Dinesh Kumar | 2 | 00:47:27 | 00:15:30 | 00:23:06 | IS Göta                |
| 35 | 575 | NARAYANAN Sathya           | 2 | 00:48:45 | 00:16:48 | 00:23:21 |                        |
| 36 | 966 | MAGNUSSON Benny            | 2 | 00:50:46 | 00:18:49 | 00:24:13 | Helsingborg            |
| 37 | 958 | FREDRIKSSON Simon          | 2 | 00:52:05 | 00:20:08 | 00:23:38 | MALMÖ                  |
| 38 | 960 | HALILOVIC Mersad           | 2 | 00:52:08 | 00:20:11 | 00:24:16 |                        |
| 39 | 979 | REUTER Rolf                | 2 | 00:53:24 | 00:21:27 | 00:26:34 | Söderköping            |
| 40 | 955 | BERGLUND Magnus            | 1 | 00:20:54 | -1       | 00:20:54 | Bjärred Tigers         |
| 41 | 981 | SJÖLAND Anna-Sara          | 1 | 00:35:08 | -1       | 00:35:08 |                        |

Tävling: HbgT

Datum: 20.10.2019

Arrangör:

Tävlingsansvarig:

